



4656.3 Bachelor of Health Science

2026 Trimester 1 Commencing Student Advising Guide

This Advising Guide has been specifically created for NEW students enrolling in a Bachelor of Health Science who started their degree in T1 2026 (version 3 of the program) at Sydney City Campus.

This guide provides students with details of the subjects they will need to study to complete their program. It is divided into 2 sections;

1. **Program structure:** subjects divided into categories (e.g. Core, Major and Elective).
2. **Subjects for 2026:** subjects for students to enrol in 2026.

Study load options

Fulltime study:	Students should select 3 subjects per Trimester (International students are required to study a full-time load)
Part-time study:	Students should select 1-2 subjects per Trimester
Accelerated study:	Students should select 4 subjects per Trimester*

*It is recommended that students should only consider taking 4 subjects per Trimester once they have completed at least one trimester of study at Sydney City Campus.

Subject prerequisites and assumed knowledge

Students should check the handbook entry for more subject information including prerequisites, subject levels and assumed knowledge. <https://studenthandbook.westernsydney.edu.au/>

Compliance Requirements

All students enrolled in the Bachelor of Health Science must be assessed for compliance in their first year of study.

Advanced Standing

Students who have received Advanced Standing for previous study should make sure they take into account which subjects they have been granted credit for, before selecting their subjects to study at Sydney City Campus. Students with Advanced Standing who have questions about which subjects to select can also contact Elizabeth Atteya, email e.atteya@city.westernsydney.edu.au for personalised program advice.

For more assistance you can also make an appointment at Sydney City Campus reception to meet with a Student Adviser or via their online booking system <https://calendly.com/student-services-teams> Alternatively, you can contact them at studentservices@city.westernsydney.edu.au

For electives, students can use the handbook to search for other undergraduate subjects available at the Sydney City Campus for each Trimester. <https://studenthandbook.westernsydney.edu.au/>



Program structure

Qualification for this award requires the successful completion of 240 credit points (a subject is 10cp).

The Bachelor of Health Science is made up of a compulsory core group of 8 subjects (80cp) that focus on the foundation knowledge and skills required by all health professionals. These subjects focus on population health, health professional competencies, communication, anatomy and physiology, human development across the lifespan, diseases, psychology, research and evidence and project development and management. All students share the same core and some of these subjects are also shared with other clinical health courses in the School of Health Science.

Core Subjects (80 credit points)

- HLTH1013 Professional Competencies in Health (all students are recommended to take this subject in their first year).
- PUBH1006 Population Health and Society
- BEHV1014 Psychology and Health
- COMM1007 Communication in Health
- HLTH1012 Evidence in Health
- BIOS1036 Human Development and Disease across the lifespan
- PUBH2005 Culture Diversity and Health
- PUBH3028 Transforming Health (or PUBH 3010 Health Planning Project)

The health promotion, public health, health services management and recreational therapy majors each have work placements. These workplace-based placements are embedded in subjects within the testamur major and include threshold assessment tasks. Work placements are organised in NSW Health or other appropriate and equivalent placement settings. Students are supervised by qualified practitioners in these disciplines.

Work Integrated Learning Placements allow students the opportunity to apply their knowledge and skills in the health care setting. The program offers work placements blocks of 140hrs (Health Promotion and Public Health), 280hrs (Health Services Management) and 720hrs (Recreational Therapy). Clinical Sciences students can undertake a work placement by choosing a second major in 0052 Health Promotion, 0055 Public Health or 0053 Health Services Management. As most of these placements are with NSW Health, the special requirements are required to be completed in the students first year of study.

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance



Testamur Major

The major is added to the core set. It is the primary focus of the degree and is written on the testamur at graduation. Testamur majors in Public Health, Health Promotion, Health Services Management, Recreational Therapy and Clinical Sciences prepare graduates for industry-based health professional roles and course completion. Each testamur major adds an additional 80cps to your program, except for Recreational Therapy which requires an additional 120cp.

Health Promotion Testamur Major (80 credit points)

BIOS1035 Anatomy and Physiology in Health
PUBH1010 Health Promotion Theory and Approaches
PUBH1011 Promoting Health Collaboratively in Communities
HLTH2024 Research Methods in Health
PUBH3025 Health Policy and Advocacy
PUBH3026 Health Promotion Planning and Implementation
PUBH3022 Advances and Challenges in Health Promotion
MEDI3007 Professional Health Placement

(Students must take at least one level 3 subject as an elective)

Health Services Management Testamur Major (80 credit points)

BUSM1037 Health Administration and Management
MATH1012 Management Analytics
BUSM1026 Organisational Behaviour
BUSM2044 Health Services Management
BUSM3080 Health Care Systems and Organisation Culture
BUSM2043 Project Management in Humanitarian and Development Studies
BUSM3005 Creating Change and Innovation
MEDI3007 Professional Health Placement

(Students must take at least one level 3 subject as an elective)

Public Health Testamur Major (80 credit points)

BIOS1035 Anatomy and Physiology in Health
PUBH1012 Public Health
HLTH2023 Biostatistics in Health
PUBH2020 Epidemiology for Public Health
PUBH3025 Health Policy and Advocacy
PUBH3024 Harm Minimisation and Prevention
PUBH3027 Public Health in a Changing World
MEDI3007 Professional Health Placement

(Students must take at least one level 3 subject as an elective)



Clinical Sciences Testamur Major (80 credit points)

NATS 1009 Human Anatomy and Physiology 1*

NATS 1010 Human Anatomy and Physiology 2*

NATS 2038 Pathophysiology 1*

HLTH 2024 Research Methods in Health

NATS 3037 Neuroanatomy*

NATS 1022 Functional Anatomy*

PUBH 3023 Evidence in professional reasoning

BEHV3002 Abnormal Psychology

(Students must take at least two level 3 subjects as electives)

* starred subjects are only available at other WSU campus. Students will need to take them in Autumn and Spring session on these campuses.

Recreational Therapy Testamur Major (120 credit points)

REHA1007 Foundations of Recreational Therapy

REHA1008 Introduction to Leisure and Recreation Theory

REHA2015 Recreational Therapy Process and Planning *

HLTH 3026 Movement and Skill Analysis REHA3041 Facilitation in Recreational Therapy

BEHV3002 Abnormal Psychology

REHA2014 Recreational Therapy Assessment *

REHA 3042 Health Practice Management

REHA3043 Recreational Therapy Internship (20 credit points) *

REHA3044 Shaping the Future of Recreational Therapy

* starred subjects are placement subjects. Students can only do one placement subject in any session.

Elective subjects

Students enrolled in the Health Promotion or Health Services Management or Public Health or Clinical Sciences Testamur major will have 80 credit points in elective subjects to complete. Students enrolled in the Therapeutic Recreation Testamur Major will have only 40 credit points in elective subjects to complete. Some majors have rules that students must take a number of level 3 subjects in their electives (see details under each major above)

Students are able to use the remaining credit points on elective subjects (any other subjects offered at Sydney City Campus) or an additional approved major (80 credit points) or minor (40 credit points). Students may also be able to take some subjects offered at other WSU campuses. For more advice on additional majors, minors and cross campus study please contact Elizabeth Atteya, email e.atteya@city.westernsydney.edu.au for personalised program advice.



Subjects for commencing students at Sydney City Campus in 2026 by Trimester

Health Promotion Testamur Major

Trimester 1 2026

BIOS 1035 Anatomy and Physiology in Health

HLTH 1013 Professional Competencies in Health

PUBH1006 Population Health and Society

If students wish to accelerate their degree, they may register in the following 4th subject

COMM 1007 Communication in Health

Trimester 2 2026

BEHV 1014 Psychology and Health

COMM 1007 Communication in Health

PUBH 1010 Health Promotion Theory & Approaches

If students wish to accelerate their degree, they may register in the following 4th subject

HLTH 1012 Evidence in Health

Trimester 3 2026

HLTH 1012 Evidence in Health

PUBH1011 Promoting Health Collab in Communities

BIOS1036 Human Dev & Disease across the lifespan

If students wish to accelerate their degree, they may register in the following 4th subject

Elective

Health Services Management Testamur Major

Trimester 1 2026

HLTH 1013 Professional Competencies in Health

PUBH1006 Population Health and Society

BUSM 1037 Health Administration and management

If students wish to accelerate their degree, they may register in the following 4th subject

COMM 1007 Communication in Health

Trimester 2 2026

HLTH 1012 Evidence in Health

COMM 1007 Communication in Health

BEHV 1014 Psychology and Health

If students wish to accelerate their degree, they may register in the following 4th subject

Elective

Trimester 3 2026

MATH 1012 Management Analytics

BIOS1036 Human Dev & Disease across the lifespan

Elective

If students wish to accelerate their degree, they may register in the following 4th subject

Elective



Public Health Testamur Major

Trimester 1 2026

BIOS 1035 Anatomy and Physiology in Health
HLTH 1013 Professional Competencies in Health
PUBH1006 Population Health and Society

If students wish to accelerate their degree, they may register in the following 4th subject
COMM 1007 Communication in Health

Trimester 2 2026

BEHV 1014 Psychology and Health
COMM 1007 Communication in Health
PUBH 1012 Public Health

If students wish to accelerate their degree, they may register in the following 4th subject
HLTH 1012 Evidence in Health

Trimester 3 2026

HLTH 1012 Evidence in Health
BIOS1036 Human Dev & Disease across the lifespan
Elective

If students wish to accelerate their degree, they may register in the following 4th subject
Elective

Clinical Sciences Testamur Major

Trimester 1 2026

NATS 1009 Human Anatomy and Physiology 1 (in the Autumn session at Paramatta or Campbelltown campus)

HLTH 1013 Professional Competencies in Health
PUBH1006 Population Health and Society

If students wish to accelerate their degree, they may register in the following 4th subject
COMM 1007 Communication in Health

Trimester 2 2026

NATS 1010 Human Anatomy and Physiology 2 (in the Spring session at Paramatta or Campbelltown campus)

BEHV 1014 Psychology and Health
COMM 1007 Communication in Health

If students wish to accelerate their degree, they may register in the following 4th subject
HLTH 1012 Evidence in Health

Trimester 3 2026

HLTH 1012 Evidence in Health
BIOS1036 Human Dev & Disease across the lifespan
Elective

If students wish to accelerate their degree, they may register in the following 4th subject
Elective



Recreational Therapy Testamur Major

Trimester 1 2026

BIOS 1035 Anatomy and Physiology in Health

HLTH 1013 Professional Competencies in Health

PUBH1006 Population Health and Society

If students wish to accelerate their degree, they may register in the following 4th subject

COMM 1007 Communication in Health

Trimester 2 2026

BEHV 1014 Psychology and Health

COMM 1007 Communication in Health

REHA 1007 Foundations of Recreational Therapy

If students wish to accelerate their degree, they may register in the following 4th subject

HLTH 1012 Evidence in Health

Trimester 3 2026

HLTH 1012 Evidence in Health

REHA1008 Intro to Leis and Rec Theory

BIOS1036 Human Dev & Disease across the lifespan

If students wish to accelerate their degree, they may register in the following 4th subject

Elective